

Be Heart Healthy



Thursday, February 28th 10am-3pm
2301 Independence Ave., KCMO 64124

Free blood pressure screenings
Free Diabetes/cholesterol screenings
Heart Healthy Tips from Kansas City Library
Jackson County Parks And Recreation
North Kansas City YMCA
Ruby Jean's Juicery
cbkc Prize Wheel
Raffle prizes include two \$25 gift cards
and two iFitness activity trackers *



YMCA OF GREATER KANSAS CITY



+ Free spin of the prize wheel for all participants! *Enter raffle to win gift cards and fitness trackers during event. Need not be present to win. Must be 18 years old.

